

EUROPE 2023

4 months | 6 countries | 8 house swaps | 10 journey legs | 2 grand-boys +1



Lauris Riding

The back roads of Lauris were my main goal today
Leaving Heather in slumber I hastened away
The sun was already starting to warm up the air
I realised I had no helmet but I did not care

I unfurled my Brompton and jumped on board
I peddled up the driveway and down the side street I roared
Riding my bike on the quiet country lane
Once I got going, its so good for my brain

The area I traversed is stoney and dry
Good for few plants but the farmers seem to get by
Grapes, lavender and an olive tree or more
These are the products you will find at many a barn door

My journey took me to the village Cadenet
The ride up the mountain side filled me with sweat
The view across the valley a sight to behold
Lots of perched villages like this that are old

It was there that I met up with Mick and Delaine
Fellow riders like me who were out for some pain
I kept up with them and they were impressed
I smiled sweetly so that they didn't realise I was so stressed

The next slight incline I bid them farewell
I was already getting tired so decided I wouldn't dwell
You see they have many gears that they can use
I only have 3 so I quickly run out of juice

And so back to bliss with a more leisurely pace
The countryside was so calm, such quietness in space
The mountain side in the distance, the lovely blue skies
Everything was in order except for my thighs

And so the kilometres went quickly, I savoured the ride
I can't say I rode a huge distance but at least I tried
Biking the back roads was one big surprise
That area around Lauris is certainly not bad on the eyes.

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